

HERMAN-NORCROSS COMM. SCHOOL

SEPTEMBER 2023

BREAKFAST	LUNCH
PK-6 FREE	PK-6 FREE
7-12 FREE	7-12 FREE
ADULT \$2.25	ADULT \$5.00

MENU SUBJECT TO CHANGE.
THIS INSTITUTION IS AN EQUAL
OPPORTUNITY EMPLOYER

4	5	6	7	8
	French Toast Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Muffin Fruit Juice Milk
11	12	13	14	15
Breakfast Pizza Fruit Juice Milk	Pancake on a stick Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	French Toast Fruit Juice Milk	Long John Fruit Juice Milk
18	19	20	21	22
Breakfast Sandwich Fruit Juice Milk	Biscuit and Gravy Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Pancakes Fruit Juice Milk	Coffee Cake Fruit Juice Milk
25	26	27	28	29
French Toast Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Waffles Fruit Juice Milk	Mini Donuts Fruit Juice Milk

ALL MEALS COME WITH YOUR
CHOICE OF 1% OR CHOC MILK

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Our Fruits & Veggies consists of fresh and canned fruit. It will consist of vegetables from the Dark Green, Red/Orange, Legume, Starchy, and Other categories. They may consist of romaine, spinach, broccoli, peppers, carrots, tomatoes, celery, cucumbers, cauliflower, and bean salsa

4	5	6	7	8
NO SCHOOL	Chicken Taco Corn Fruits and Veggies	Corn Dog Peas Fruits and Veggies	Chicken Alfredo Green Beans Bread Stick Fruits and Veggies	Pizza Quesadilla Candied Carrots Fruits and Veggies
11	12	13	14	15
Hot Ham and Cheese/Bun Baked Beans Fruits and Veggies	Taco Corn Fruits and Veggies	Chicken Strips Peas Fruits and Veggies	Pasta Spaghetti Sauce Green Beans Bread Stick Fruits and Veggies	Grilled Cheese or Ham and Cheese Tomato Soup Sweet Potato Fries Fruits and Veggies
18	19	20	21	22
Bacon Cheese Burger Bun Baked Beans Fruits and Veggies	Walking Taco Corn Fruits and Veggies	Chicken Alfredo Hot Dish Peas Bread Stick Fruits and Veggies	Country Fried Steak Mashed Potato/Gravy Biscuit Fruits and Veggies	Big Daddy Pizza Cauliflower Fruits and Veggies
25	26	27	28	29
Sloppy Joe/Bun Baked Beans Fruits and Veggies	Super Nachos Corn Fruits and Veggies	Chicken Patty/Bun Peas Fruits and Veggies	Cheesy Chicken Rigatoni Green Beans Bread Stick Fruits and Veggies	Italian Dunkers Broccoli with Cheese Sauce Fruits and Veggies
ALL MEALS COME WITH 1% OR CHOC MILK				