

Our Fruits & Veggies consists of fresh and canned fruit. It will consist of vegetables from the Dark Green, Red/Orange, Legume, Starchy, and Other categories. They may consist of romaine, spinach, broccoli, peppers, carrots, tomatoes, celery, cucumbers, cauliflower, and bean salsa

HERMAN-NORCROSS COMM. SCHOOL

JANUARY 2022

BREAKFAST LUNCH
 PK-6 FREE PK-6 FREE
 7-12 FREE 7-12 FREE
 ADULT \$1.90 ADULT \$3.85
MENU SUBJECT TO CHANGE
 THIS INSTITUTION IS AN EQUAL
 OPPORTUNITY EMPLOYER

3	4	5	6	7
Cheese Burger/Bun Baked Beans Fruits and Veggies Milk	Chicken Tacos Peas Fruits and Veggies Milk	Tater Tot Hotdish Green Beans Bread Fruits and Veggies Milk	Corn Dog Candied Carrots Fruits and Veggies Milk	Pizza Green Beans Fruits and Veggies Milk
10	11	12	13	14
Chicken Nuggets Baked Beans Fruits and Veggies Milk	Taco Corn Fruits and Veggies Milk	Chicken Alfredo Green Beans Bread Stick Fruits and Veggies Milk	Country Fried Steak Mashed Potatoes/Gravy Peas Fruits and Veggies Milk	Italian Dunkers Pizza Sauce Candied Carrots Fruits and Veggies Milk
17	18	19	20	21
Sloppy Joes/Bun Baked Beans Fruits and Veggies Milk	Walking Tacos Green Beans Fruits and Veggies Milk	Chicken Patty/Bun Corn Fruits and Veggies Milk	Mandarin Orange Chicken Rice Peas Fruits and Veggies Milk	Fish Wedge/Bun Candied Carrots Fruits and Veggies Milk
24	25	26	27	28
Hot Ham and Cheese/Bun Cole Slaw Fruits and Veggies Milk	Chicken Alfredo Green Beans Bread Stick Fruits and Veggies Milk	Chicken Strips Corn Fruits and Veggies Milk	Pasta with Meat Sauce Peas Bread Stick Fruits and Veggies Milk	Pizza Quesadilla Candied Carrots Fruits and Veggies Milk
31				
Pulled Pork/Bun Baked Beans Fruits and Veggies Milk	ALL MEALS COME WITH YOUR CHOICE OF 1% OR CHOC MILK			

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3	4	5	6	7
Pancake Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Yogurt Parfait Fruit Juice Milk	Long John Fruit Juice Milk
10	11	12	13	14
French Toast Fruit Juice Milk	Pancake on a stick Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Muffin Fruit Juice Milk
17	18	19	20	21
Pancake on a Stick Fruit Juice Milk	Biscuit and Gravy Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Cereal Cheese stick Fruit Juice Milk	Coffee Cake Fruit Juice Milk
24	25	26	27	28
Smoothie Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Oatmeal Sundae Fruit Juice Milk	Mini Donuts Fruit Juice Milk
31				
Cereal Fruit Juice Milk				

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 YOUR CHOICE OF 1% OR
 CHOC MILK