

HERMAN-NORCROSS COMM. SCHOOL

NOVEMBER 2022

BREAKFAST

PK-6 FREE

7-12 \$2.00

ADULT \$2.25

LUNCH

PK-6 2.50

7-12 \$2.75

ADULT \$5.00

MENU SUBJECT TO CHANGE.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY
EMPLOYER ALL MEALS COME WITH YOUR
CHOICE OF 1% OR CHOC MILK

	1	2	3	4
	Oatmeal Sundae Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Breakfast Burrito Fruit Juice Milk	Muffin Fruit Juice Milk
7	8	9	10	11
Breakfast Pizza Fruit Juice Milk	Pancake on a stick Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	French Toast Fruit Juice Milk	Long John Fruit Juice Milk
14	15	16	17	18
Breakfast Sandwich Fruit Juice Milk	Biscuit and Gravy Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk	Waffles Fruit Juice Milk	Mini Donut Fruit Juice Milk
21	22	23	24	25
Yogurt Parfait Fruit Juice Milk	Breakfast Pizza Fruit Juice Milk	NO SCHOOL	NO SCHOOL	NO SCHOOL
28	29	30		
Yogurt Smoothie Fruit Juice Milk	French Toast Fruit Juice Milk	Scrambled Eggs Toast Fruit Juice Milk		

HERMAN-NORCROSS COMM. SCHOOL

NOVEMBER 2022

<u>BREAKFAST</u>	<u>LUNCH</u>
PK-6 FREE	PK-6 \$2.50
7-12 \$2.00	7-12 \$2.75
ADULT \$2.25	ADULT \$5.00

MENU SUBJECT TO CHANGE.
 THIS INSTITUTION IS AN EQUAL
 OPPORTUNITY EMPLOYER
 ALL MEALS COME WITH 1% OR
 CHOC MILK

Our Fruits & Veggies consists of fresh and canned fruit. It will consist of vegetables from the Dark Green, Red/Orange, Legume, Starchy, and Other categories. They may consist of romaine, spinach, broccoli, peppers, carrots, tomatoes, celery, cucumbers, cauliflower, and bean salsa

	1	2	3	4
	Walking Taco Green Beans Fruits and Veggies	Chicken Patty/Bun Corn Fruits and Veggies	Mandarin Orange Chicken Rice Peas Fruits and Veggies	Hot Dog/Bun Mac and Cheese Fruits and Veggies
7	8	9	10	11
Ham & Cheese Hot Pocket Baked Beans Fruits and Veggies	Tater Tots Hot Dish Green Beans Fruits and Veggies	Chicken Strips Corn Fruits and Veggies	Pasta with Meat Sauce Peas Bread Stick Fruits and Veggies	Pizza Quesadilla Candied Carrots Fruits and Veggies
14	15	16	17	18
Pulled Pork/Bun Baked Beans Fruits and Veggies	Goulash Green Beans Fruits and Veggies	Thanksgiving Meal Fruits and Veggies	Super Nachos Corn Fruits and Veggies	Grilled Cheese Tomato Soup Fruits and Veggies
21	22	23	24	25
Cheese Burger/Bun Baked Beans Fruits and Veggies	Chicken Taco Corn Fruits and Veggies	NO SCHOOL	NO SCHOOL	NO SCHOOL
28	29	30		
Chicken Nuggets Baked Beans Fruits and Veggies	Taco Corn Fruits and Veggies	Chicken Alfredo Green Beans Breadstick Fruits and Veggies		